

NO-SPEND-MONTH SUCCESS PLANNER

You don't have to spend money to have fun. Just follow this guide.

Cook for the week using ingredients in your pantry.

DAY 8

Carpool to work or school.

DAY 15

Exercise at home.

DAY 22

Binge-watch a TV show.

DAY 29

Explore a new neighborhood on your bicycle.

DAY 2

Do a spa day at home using products you already have.

DAY 9

Use up all of your minis and samples of cosmetics and toiletries.

DAY 16

Go stargazing.

DAY 23

Finish that art or DIY project you've been meaning to get to.

DAY 30

Watch the sunrise and/or sunset.

DAY 3

Do some gardening and weeding work.

DAY 10

Start a blog using free online tools.

DAY 17

Play a video game with your kids.

DAY 24

Watch free online videos and teach yourself a skill, like how to knit.

DAY 31

Call a friend or family member you haven't spoken to in awhile.

DAY 5

DAY 4

Go bird-watching

in a local park.

DAY 11

Bake your own bread.

DAY 18

De-clutter—and sell

your unwanted stuff.

DAY 25

Wash your

car by hand.

Re-decorate a room using what you already own.

DAY 12

Play classic board games at home.

DAY 19

Host a clothing swap.

DAY 26

Have a picnic at a nearby park.

DAY 6

Head to the library and check out books and movies.

Host a potluck party.

DAY 20

DAY 13

DAY 21

DAY 7

Finish that book on

your nightstand.

DAY 14

Download a

new podcast.

Volunteer with

family or friends.

Visit a local museum when it offers free admission.

NΔY

Go on a hike.

DAY 27

DAY 28

Watch classic movies on TV or from your video collection.

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